

Experience tranquility while you slumber in our Garden Sleep System bed found only at Hilton Garden Inns.

Hilton Garden Inns are the only hotel with this revolutionary and patented product, an adjustable bed that can be made softer or firmer with a custom dial on each side of the bed providing you with 4 main elements of the optimum sleep environment:

**1. Pressure Point Elimination**

Why do people toss and turn? Pressure caused by the materials used in the conventional mattress. With our bed, we use air and our pressure-free Self Adjusting Technology.

**2. Proper Spinal Alignment & Support**

When you lie down on the Garden Sleep System, patented valves release air from individual cylinders until the air pressure in each cylinder reaches the clinically proven level to support the parts of your body that rest on it. As you move, they adjust allowing proper support for every part of your body including your back and spine.

**3. Lower Body Temperature**

The Garden Sleep Systems is covered with a 100% pure virgin Australian wool cover keeping your body temperature at the perfect point for a better nights sleep. And because lanolin is removed during processing, our wool is naturally hypoallergenic and resistant to bacteria.

**4. Natural Sleep Surface**

Wool bedding actually provides the perfect temperature controlled sleep environment. It is also:

- Animal friendly
- Provides soft cushioning
- Is soft to touch
- Allows heat to be kept away in the summer and insulates in the winter

In addition to the perfect sleep environment, because our beds are made with sustainability in mind, you can sleep peacefully knowing:

- The bed uses no outside power source; instead it uses ambient air to control your comfort
- All components are recyclable
- The wool cover is removable and can be washed and dried but even better is that it is a sustainable resource and no animals are harmed in the shearing process

So as you are looking for a **hotel in El Segundo**, look no further than the [Hilton Garden Inn El Segundo/LAX](#), where you can experience exceptional service, a central location and the perfect night sleep!

